

Table of Contents

	Page
Acknowledgements	i
Preface	ii
Table of Contents	iv
Overview	1
Chapter 1 – Transition.....	5
Chapter 2 – Making A Change and Self-Determination	9
Chapter 3 – Person-Centered Planning	15
Chapter 4 – Long Term Housing Plan.....	25
Chapter 5 – Making a Personal Budget	33
Chapter 6 – Supports for Your Lifestyle	40
Chapter 7 – Housing Choices	58
Chapter 8 – Home Ownership Options	69
Chapter 9 – Roommates	88
Chapter 10 – Moving Out and Moving In	99
Chapter 11 – Being a Good Tenant	108
Appendices	
Appendix A: My Emotions	115
Appendix B: Private Funding Options	124
Appendix C: Acronyms, Terms and Definitions	129
References	146