

COMMUNITY HOUSING NETWORK'S

# VIRTUAL RUN FOR A CAUSE

JULY 1 - JULY 31, 2021

## Step by Step- How it Works:

### Step 1. Register Online

Choose to walk or run a 5K, 10K, full or ½ marathon, or a 1 mile family fun run anytime during the month of July! Registration fee is \$30 per person or \$100 for families of 4 or more (within the same household) to participate.

Everyone who registers as a participant will receive a finisher's medal!

### Register here:

[www.communityhousingnetwork.org/virtual-run-for-a-cause](http://www.communityhousingnetwork.org/virtual-run-for-a-cause)

### Step 2. Spread the word

Get your family, friends and co-workers involved to join you together or “virtually”!

### Step 3. Fundraising for CHN

You can help us reach our fundraising goal by creating your own fundraising page here: [www.communityhousingnetwork.org/virtual-run-for-a-cause](http://www.communityhousingnetwork.org/virtual-run-for-a-cause)  
**Fundraising Deadline: July 31, 2021**

### Step 4. Get creative, run and have fun!

Create a family team name, run with friends, have a theme, create a playlist of your favorite songs! You can walk, run, skip or jump! Stay connected with CHN so we can share your ideas with others!

Share your Virtual Run for a Cause photos with us through email and on social media using the hashtag:

**#CHNVirtualRunforaCause** & tag us.



FOR FURTHER INFORMATION, CONTACT LISA FUHR 248-824-7313 | [LFUHR@CHNINC.NET](mailto:LFUHR@CHNINC.NET)

[WWW.COMMUNITYHOUSINGNETWORK.ORG](http://WWW.COMMUNITYHOUSINGNETWORK.ORG)

**#CHNVirtualRunforaCause**