Community
HOUSING NETWORK

# CHN CARE KITS PROGRAM

## JOIN US IN FILLING THE GAPS FOR METRO DETROIT NEIGHBORS IN NEED!

*Help make a difference by assembling CHN Care Kits for individuals, children and families in need. Perfect for churches, schools, scout troops, and community groups, these simple kits provide comfort, dignity, and essential items to those experiencing homelessness or transitioning into housing. We provide the instructions—you bring the heart.*

### HOW YOU CAN HELP:

1. Choose a Kit Type (see below)
2. Collect Items or Fund Supplies
3. Assemble Kits Together
4. Drop Off at Community Housing Network or Request Pickup



### GREAT SERVICE OPPORTUNITY FOR:

- Church ministries and youth groups
- Scout troops (Boy Scouts, Girl Scouts)
- National Honor Societies or school clubs
- Rotary, Kiwanis, or Lions Clubs
- Families and friend groups

## READY TO GET INVOLVED? WE'D LOVE TO WORK WITH YOU!

Our email is give@chninc.net

# KIT TYPES & CONTENTS

## STREET OUTREACH SURVIVAL KIT

*For individuals living outdoors or in shelters*

- Reusable water bottle
- Protein bars or shelf-stable snacks
- New socks
- Travel-size hygiene items (toothbrush, toothpaste, deodorant, soap, hand sanitizer)
- Wet wipes Lip balm
- Sunscreen or winter gloves (seasonal)
- Emergency blanket
- Bandages or mini first-aid kit
- Encouragement note (optional but meaningful)



## KIDS LEARNING & COMFORT KIT

*For children in temporary housing or transition*

**Option A: Reading Kit**

- Age-appropriate books (new or gently used)
- Bookmarks Flashcards (ABC or sight words)
- Small stuffed animal
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**Option B: Creativity Kit**

- Crayons, markers, coloring books
- Construction paper
- Safety scissors and glue sticks
- Stickers or small puzzles

# KIT TYPES & CONTENTS



## MINDFUL MOMENTS KIT

*For grounding and emotional support—great for youth or adults*

- Journal or small notebook
- Pens or colored pencils
- Stress ball or fidget toy
- Mindfulness or prayer cards
- Herbal tea bags (non caffeinated)
- Scented lotion or essential oil roller
- Instructions for a simple breathing or gratitude practice

## NEW HOME HYGIENE STARTER KIT

*For people transitioning into permanent housing*

- Full-size shampoo and conditioner
- Soap or body wash
- Toothbrush and toothpaste
- Deodorant
- Toilet paper (2 rolls)
- Dish soap and sponge
- Cleaning wipes or all purpose spray
- Hand towel and washcloth
- Encouragement note (optional but meaningful)

